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# Week 1: ENEMY ACTION

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**THOUGHTS** influenced by **EMOTIONS**  
lead to **CHOICES** that result in **ACTIONS**

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At what part of the chain do actions come?

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Why might it be important for us to understand the process of how our thoughts become actions?

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***Whenever we resolve to take steps forward in the Kingdom of God the enemy, Satan, uses every trick in the book to try to thwart Father's plan from being put into action.***

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List ways in which the enemy manipulates our thoughts.

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***This is not demonic possession but it is demonic manipulation; our spiritual enemy using our own human weaknesses to influence our thoughts, choices and feelings which then affect our actions.***

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Where are things like confusion, anxieties, fears, thoughts, choices and feelings to be found?

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***The brain, including the mind, emotions and will, forms the parts of our inner being known collectively as the soul.***

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What are other ways of describing our soul?

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**Deuteronomy 6:5.** With what parts of our person are we to worship God?

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**1 Corinthians 2:14.**

What can we not understand before we are spiritually reborn?

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What impact does this have on who the main focus of our life is?

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What impact might receiving the Holy Spirit have on our thought-life, emotions and choices?

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Why do we fail to live victoriously?

1.

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2.

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3.

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4.

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**1 Corinthians 3:1-3.**

How does Paul describe believers like this?

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What is the result of all of this spiritual tension on our way of life?

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**Romans 12:1-2.** Where is the real battleground?

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According to the flow chart at the top of p.4 where does this process of renewal begin?

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**1 Peter 5:8; 1 John 2:13-16.**

Who is intentionally trying to prevent us being all Father God created us to be?

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***We need to understand how the enemy works in order to have a hope of overcoming in the spiritual battle.***

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Are God and Satan two co-existing but equal spiritual forces?

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Why is this view [called dualism] heretical?

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Write in the grid below the truths each of the following scriptures reveals about God. Then add to this list any other attributes of God, His character or nature you can think of.

**Exodus 15:11-13.**

**Deuteronomy 33:26-27.**

**1 Kings 8:23-24.**

**Isaiah 40:25-26.**

**Isaiah 45:5-8.**

**Psalms 86:10.**

**Psalms 89:6-8.**

**Zechariah 14:9.**


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***Our Father God is truly a GREAT BIG GOD!***

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**THE BAD NEWS:**

**Isaiah 14:12-15.**

**Ezekiel 28:13-18.**

**Luke 10:18.**

**2 Corinthians 11:14.**

**Revelation 12:9.**

Who or what is Satan a.k.a. the devil?

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**Hebrews 1:7.** Who made the angels and who were they created to serve?

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Why was Satan evicted from heaven?

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**John 10:10.**

**1 Peter 5:8.**

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***Satan's hatred of God runs so deep that he spends all his time occupied with trying to thwart God's Kingdom plans and destroy the pinnacle of His creation, humanity.***

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Is Satan's power limitless?

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***The word 'Satan', 'devil', 'enemy' or 'evil one' is collective terminology to refer to all the forces of darkness, so when we say 'the enemy did this' we actually mean it was an evil or demonic spirit that did it, not usually the devil himself.***

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**THE GOOD NEWS:**

**John 12:31-32.**

**Colossians 2:15.**

**1 John 3:8.**

**Revelation 3:21.**

What did Jesus come to do?

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**Mark 3:14-15.**

**Ephesians 6:10-18.**

**James 4:7.**

**1 John 2:12-16.**

**Revelation 12:11.**

As a child of God what have you been given the spiritual authority to do?

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Should we be afraid of Satan or evil spirits?

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**James 4:7.** What should we do *before* we try resisting the devil?

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**Luke 10:17-20.**

**NOTES:**

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**AFTER THE SESSION:**

Write down some of your thoughts that have arisen out of this session. Can you identify one instance in your life when you realised Satan was real? What are your thoughts about God, Satan and yourself?

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Can you identify any fear of Satan? If so, confess it to God, renounce the fear and determine in your heart to put your trust in our GREAT BIG God.

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Think through the way you behave. Are your emotions ever out of control? Do you give into fear? Do you always need to be in control? Are you wilful? Being totally honest pinpoints any actions that you have found yourself doing that you know have not honoured God or who you are as His child.

Confess your sin afresh to Father God.

Try to analyse 'why' you did that thing. What was behind it?

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# Week 2: BE PREPARED

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***Satan is out to prevent each one of us from being the person Father God created us to be.***

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If we were to ask any soldier in the regular army *how* they were hoping to win a particular war what might they answer?

1. B...

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2. U...

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3. D...

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In what ways are these statements also true of the spiritual battle we fight against the forces of darkness in the heavenly realms?

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We will always live a defeated Christian life if we do not:

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1. Believe in ...

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2. Understand...

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3. Have no understanding or strategy for how to ...

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**2 Corinthians 2:10-11.**

What do these verses imply concerning unforgiveness?

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Is this the only scheme the enemy uses?

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What do we need to do in order to stand a chance of overcoming these schemes?

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***Satan's strategies for each of us will be different and will usually revolve around those areas of our lives where we either struggle for freedom or where we struggle to reclaim those areas where freedom has been gained***

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Write these different ways in which the enemy operates in the box below and on the next page.

**Proverbs 26:26.**

**Jeremiah 23:26.**

**Hosea 10:13.**

**Matthew 4:1; 6:13.**

**Luke 4:2; 22:3.**

**John 8:44.**

**Acts 5:1-9.**

**2 Corinthians 4:4.**

**1 Thessalonians 3:5.**

**2 Thessalonians 2:9-10.**

**1 Timothy 6:9-10.**

**James 1:13-16.**

**Revelation 12:10.**





What is the one thing that is common to all of Satan's schemes?

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What happens to our communication with God and our ability to see things as they really are when we give in to one or more of these things?

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**Luke 4: 1-13.**

What was it Jesus used to overcome the enemy?

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Did Jesus ask Satan to hold on a minute whilst He used His concordance to find an appropriate verse?

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Why is it important for us to memorize Scripture?

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**Psalm 119:30 & 43.**

**John 17:17.**

What do these scriptures say God's Word is?

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***Satan uses lies and deception as his primary weapons whereas God's are the opposite, truth, honesty and transparency.***

***We are in a very real, sometimes nasty, spiritual war. The battle often seems to be being fought in our own head! BUT as children of our loving heavenly Father we are not left undefended.***

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**Ephesians 6:10-18.**

In the following chart fill in the names of the various pieces of spiritual armour and write down any insights the Holy Spirit gives you about the meaning of each one.

Belt of...		
Breastplate...		
Helmet...		
Shield...		
Shoes...		
...Spirit		
Sword...		

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***We often believe our battle to be primarily against human beings; it seems as if we are actually fighting them.***

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**Verse 12.** Who are we really fighting?

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***Weapons of conventional warfare are not necessary or appropriate. It is not that kind of war because it is not that kind of enemy.***

***The real battle is being fought against the forces of darkness in heavenly places, i.e. on a spiritual plain. It is in the spiritual realm that we need to learn to overcome and for that we need to use spiritual weapons.***

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Discuss together whether the pieces of armour are defensive, offensive or both. Place a tick in the appropriate box in the chart below.

	DEFENSIVE	OFFENSIVE
Belt:		
Breastplate:		
Helmet:		
Shield:		
Shoes:		
Spirit:		
Sword:		

Write in the following chart *why* that particular virtue or godly tool might be perfectly designed as a vital part of our spiritual armour.

Belt [TRUTH]:	
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Breastplate [RIGHTEOUSNESS]:	
Helmet [SALVATION]:	
Shield [FAITH]:	
Shoes [PEACE]:	
Spirit [PRAYER]:	
Sword [GOD'S WORD]:	

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***Each part of the uniform reflects something of the three-fold aspects of the Godhead as well as something of the blessings that flow to us as children of God.***

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## **AFTER THE SESSION:**

Write down some of your thoughts that have arisen out of this session. Have you ever memorized scripture verses? Read through appendix 2 *Memorizing Scripture Verses* and resolve to memorize John 17:11 this week. Write it out below to help you.

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## **THE WHOLENESS OF THE ARMOUR OF GOD**

Turn to appendix 3: *The Whole Armour of God*. Write the information and Scriptures about truth [p.23] in the section of the chart headed BELT OF TRUTH.

Use a Bible search programme or concordance to fill in the rest of the tables with similar information for the other aspects of the Whole Armour of God.

If you cannot find Scriptures then write something from your own knowledge or experience of Father God at work in your life.

## **PUTTING ON THE WHOLE ARMOUR OF GOD**

Consider using appendix 4: *Putting on the Whole Armour of God in Prayer* in your personal devotions at least once before the next session.

Write down any thoughts you have through the exercise:

