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Appendix 1: *The Father Who Delights in You* © 2009 Living Seeds <a href="https://www.livingseeds.org">www.livingseeds.org</a> Used by permission

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## **HOW TO USE THIS BOOK**

The **Walking with God series** of studies encourages disciples of Jesus to dig deeper in building their personal relationship with God whilst, at the same time, challenging them to nurture a missionary mind set which is to see people as Jesus sees them with a heart to demonstrate His love through various means of service.

The studies in this booklet are designed to be used in a small group context alongside the Baggage Checklist in a short series of prayer ministry appointments led and guided by an experienced disciple-maker.

The studies are the six most useful and appropriate studies drawn from across the Walking with God series. These equip the disciple in how to dig down deep into building their relationship with God whilst at the same time learning how to overcome the battle waging in their mind, will and emotions. The end-goal is a greater degree of spiritual freedom that may see some become effective disciple-makers themselves.

# GROUP LEADER'S PREPARATION

THIS WILL LARGELY BE THE SAME EVERY WEEK.

- 1. Make sure all group members have a copy of the Winning Your War Workbook. This is available from the Shop section of the web-site [www.newbeginningsdiscipleship.wordpress.com].
- 2. Although these studies can be shared on a one-to-one basis, the disciple you are supporting will benefit more if they are part of a small group where they feel accepted and secure. This may be just you, the disciple and the prayer partner or it could include one or two more. Ideally include people who have been members of a previous group, who understand what the objective is and who are willing to support and encourage the disciple when they are struggling to win their war. This is an opportunity to apprentice new group leaders so ensure you delegate some responsibilities.
- 3. Contact each group member to confirm the venue, location, date and time of your first meeting. Subsequent meetings should also be confirmed if necessary.
- 4. Make sure you prepare each week's study prior to the meeting.
- 5. A list of specific items of preparation required for each week's study is given at the top of the relevant teaching notes.
- 6. If you intend to include worship then you will either need to prepare to do it yourself (with an instrument, CDs or I-Pod) or brief someone else to do it for you.

- 7. People relax, chat and build relationship over the meal table. If you decide to serve a meal of some sort prior to each meeting then think through and plan the logistics of this.
  - a. Will it be a breakfast, main meal or pudding?
  - b. Will you do it yourself, ask someone else or will it be bring & share?
  - c. Be prepared to sit around the table afterwards to share and teach or move to a more comfortable setting.
- 8. Do not expect a brand new or immature believer to have mature concepts about God. Allow them to talk freely but make a mental note of any misconceptions you pick up and ensure you correct lovingly and gently using scripture wherever possible. Be mindful of 2Timothy 2:23-25!
- 9. Always have a small supply of Bibles on hand for those who will forget theirs.
- 10. Take your diary to arrange the next meeting.
- 11. Pray for the disciple you are supporting and for other group members. Consider the following points when you pray:
  - a. Ask the Holy Spirit to come and sit with you as you talk and share together.
  - b. Invite Him to be Lord of all the conversation and ask for His help to cement your small group relationship with genuine loving care, compassion and lasting friendship.
  - c. Make a declaration out loud to bind the enemy, making him ineffective in interfering, causing confusion or stealing what Father God intends to be achieved through the group meeting.

- d. Ask the Holy Spirit to apply the protection of the blood of Jesus over the travel arrangements to and from the meeting, the meeting itself and everyone involved.
- e. Ask God to give you all a deeper hunger for Him and acknowledge your own desire to grow spiritually through exercising this ministry of discipleship.
- f. Think: Are you willing to open up and share your own weaknesses, struggles and victories even if that means you become vulnerable?
- g. Acknowledge your willingness to be used by God.

# Week 1: FATHER GOD'S HEART OF LOVE

### **DISCIPLER'S PREPARATION:**

- 1. Consider serving a meal before the meeting.
- 2. Be prepared to sit around the table afterwards to share and teach or move to a more comfortable setting.
- 3. For section 5: Prepare to lead the devotional time. Download the I-track *The Father Who Delights in You* from the My Community section of the website <a href="https://www.newbeginningsdiscipleship.wordpress.com">www.newbeginningsdiscipleship.wordpress.com</a>. You may make copies of this track on CD to be given to group members or you can email them the link for them to download the track themselves. The track is not allowed to be sold.

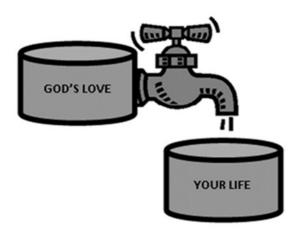
#### **DURING THE SESSION:**

- 1. Start timing the meeting once the meal is over and packed away. Allow a full two hours.
- 2. Welcome: make sure everyone is comfortable. Begin by welcoming the Holy Spirit in prayer [2 minutes].
- 3. Be prepared to share from your own freedom journey in order to encourage, encourage and encourage. Testimony builds faith.

- 4. **Walking with God in Relationship: Winning Your War**. Today's study is **Father's Heart of Love**.
  - a. **Skim read Genesis chapters 1-3**.
    - i. God loves us. Period. He created us to have a very close relationship with Him.
    - ii. Ask: What happened to spoil that closeness? Adam and Eve chose to live independently of God.
    - iii. Ask: So how does that affect us? Because we are all their descendants, we too have inherited a nature that pushes us to live independently of Father God. This is why we have to search so hard for our own significance and work every day to earn money to meet our own daily needs.
  - b. Ask: Why do you think Father God longs for us to recognise we need Him? The miracle is that in all this time Father God has never stopped loving us and longing for us to walk, talk and be dependent on Him every day, just as Adam and Eve were in the beginning.
  - c. Teach: The Bible shows that because of the depth of Father God's love for us, when the time was right, He took a very serious step in order that we might all be able to know and understand that love for ourselves and restore our broken relationship with Him.
    - i. Read John 3:1-21. Ask: What was this serious step God took? He sent Jesus, His only Son, to live a sinless life thus demonstrating the power of God's Kingdom at work in someone totally surrendered to God. He then took upon Himself the death sentence the punishment our sins deserved by dying in our place.

- ii. Ask: Why did He do it? To show us the depth of His love and His complete faithfulness to the covenant, so that all of humanity might be able to know and understand His love and restore our broken relationship with Him.
- iii. Explain: Almost all the Bible was originally written down in Hebrew. Scholars have proved that our modern English (Roman) script has evolved over centuries from the Hebrew 'aleph-bet' which we know as 'alphabet'. Originally Hebrew, like all ancient languages, was written as a series of pictures.
  - 1. The pictograms (or hieroglyphs) that make up the word 'love' teach us quite a lot about the nature of being a father: they show us that love is the window through which we see a father's heart or that love is a father's heart revealed.
  - 2. This shows that love should be the centre of a father's character.
- e. **Read Luke 15:11-32**. Ask: What is revealed of Father God's heart towards us in this story? He is waiting and watching for us to return to Him. He never gives up on us.
  - i. Ask: When he returned to his family where did the rebellious son find himself (verse 20)? In his father's arms. And this was even before he had said his muchrehearsed speech!
  - ii. Teach: Patiently, constantly, steadfastly, lovingly, his father had been waiting, searching the horizon every day, for a glimpse of his son so that he could scoop him up into his arms, swing him round, shower him with kisses and just love him.

- iii. Explain: This is a perfect picture of Father God's heart towards us. Before we even give Him a thought, He is already waiting for us. What He wants, more than anything, is for us to position ourselves in the place where we can feel and respond to His overwhelming desire to show us his love.
- f. Look at the tap illustration in the work book. Ask the group to explain what they think it describes.
  - i. Explain: Father's love is amazing; it never stops pouring earthwards. It is as if God's love is stored up in a vast heavenly reservoir which has a tap that is always open.
  - ii. Illustrate: When we place ourselves beneath that tap His love flows into us; we receive it.



iii. Affirm: Father God loves us. There is nothing any of us can do that is so bad that will prevent His love from continually flowing down to us; it is a never-ending stream. However, there are often things we say and do which create a barrier between us and God for a while which means we may no longer receive or FEEL His love

so readily. This is because Father God is totally holy and when we sin this comes between us and Him and forms a barrier.

- g. **Read 1 John 4:9-10**. Ask: What do you think these verses mean? Father God showed the depth of His love for us when He sent Jesus.
  - i. Teach: Jesus is the window through which we see and experience Father God's heart of love. In Jesus, His miraculous birth, spirit-led life, shed blood, sacrificial death and glorious resurrection, Father God's heart for us, for you, for the whole world is revealed.
- h. **Read Luke 3:21-22**. Ask: How did Father God's presence show itself in these verses? When Jesus was baptised, the Holy Spirit came down on Him in the form of a dove.
  - i. Teach: The word translated into English here as 'Holy Spirit' means 'one who comes alongside'. When we enter Father God's family, He places the Holy Spirit right inside us. In this way He has 'come alongside' us.
  - ii. Ask: In what form did the Holy Spirit show Himself at Jesus' baptism? A dove.
    - 1. Ask the group to think of the characteristics of a dove.
    - 2. Ask: What might this image teach us practically about the intimacy of God's presence with us? It is the Holy Spirit who calls Father God's Word into our ear; words of love, encouragement, comfort, direction, revelation, correction, warning and instruction.

- 3. Illustrate: This close proximity of the Spirit can be pictured like a dove sitting on our shoulder; whenever we do or say something wrong it is as if He flies off our shoulder for a while and hovers close by rather than nuzzling right up close.
- 4. Explain: He is still speaking to us and remains very close at hand but because of the distance created by the barrier of our sin it becomes harder to hear Father's whispers. The closeness of relationship has been disturbed.
- 5. Teach: This distance will be there until we obey the voice of the Holy Spirit and confess our sin to God. Immediately we do this it is as if the dove flies back into position and the closeness of our relationship with Father God is restored.
- 6. Teach: All of us have to learn how to walk in a way that does not offend the delicate presence of the Holy Spirit dove; to live in a way that pleases Father God. This is a process that takes time so try not to be too hard on yourself when you keep messing up!
- iii. Ask: In the passage above what did Father God say to Jesus? "You are My Son, whom I love; with You I am well pleased."
  - 1. **Look up these verses: Psalm 2:7; Isaiah 42:1**. Ask: Who do you think they refer to? They refer to Jesus.
  - 2. Ask: What might be the significance of Father God speaking these words at Jesus' baptism? In modern computer-speak, Father God was 'hyper-

texting'; He highlighted or 'clicked' on two well-known and important Scriptures from the Hebrew Bible [our Old Testament] that prophesied the coming of Messiah and verbally applied them to Jesus. The Jewish crowd who would have known these Scriptures well, who witnessed this event and heard the audible voice of Father God, would have been left in no doubt as to what was being said about Jesus. God Himself was declaring this man, this living breathing human being, to be the very one they had been looking for; the Servant, the Anointed One, Messiah. So, Jesus' true identity is revealed by Father God. He is Messiah. He is Father's Son. Father is pleased with Him.

- 3. Affirm: When we come into Father God's family, we do so by acknowledging who Jesus is [that He is God's Son, Messiah, that He is alive today] and our genuine need of Him. As we humble ourselves and confess our sin, Father God forgives and cleanses us. He not only reconnects our spirit with His, we also have the assurance that He is constantly with us by the close warm presence of our companion and helper the Holy Spirit.
- i. **Read 1 John 3:1; Ephesians 1: 3-8**. Ask: Who does **1 John 3: 1** say we are? The good news is that those Father God loves are also His children, like Jesus.
  - i. Ask: What does that mean? We are never really alone any more. We are a part of one massive world-wide family.
  - ii. Discuss the meaning of the word 'lavish, i.e., extravagant, over the top! **Ephesians 1: 3-8** interprets

for us the 'lavishness' of what God has done for us. When someone gives us something and they are overly generous or extravagant we feel blessed, humbled and very special indeed.

- iii. Teach: Father's heart of love towards YOU is so great, so vast, so generous, so abundant and so extravagant.He really wants you to know how much He loves YOU!
- iv. Reflect: Spend a few minutes thinking about the enormity of this.
- v. Illustrate: Get everyone in the group to turn to one another and say HE LOVES YOU! He LOVES you! He loves YOU! Be aware there are different emphases to be placed upon the different words, which may give particular meaning to someone.
- j. Explain: Father God has already pursued us by sending His only Son. Ask: Whose responsibility is it to 'work' at the relationship now? It is ours – yours and mine.
  - i. Teach: In the story of the lost son, the father would still be waiting today if the son had not previously *resolved* to go home **(verses 17-20)**.
  - ii. Ask: What must we do to metaphorically 'go home'? We too must determine to pursue and deepen our relationship with God as Father.
  - iii. Discuss together what that might mean personally, especially encourage the disciple being supported to realise it is their responsibility to pursue Father God, you cannot do it for them.
- k. Whole section 70 minutes.

- 5. Move seamlessly into the following time of prayer and worship. Be flexible to the leading of the Holy Spirit.
  - a. Begin by re-reading **Luke 3:22** but encourage group members to hear Father God speaking over them: "YOU are My Child; I LOVE YOU; with YOU I am WELL PLEASED."
  - b. One by one ask group members to talk honestly about where they feel they have been challenged through today's study. Issues raised may include areas on sin, feelings of inadequacy/low self-worth and/or especially issues relating to a loving 'father' who wants to have a 'relationship' with them. Teach and reassure as appropriate.
  - c. Turn to the After the Session section in the disciple's workbook and the optional exercise. This could be very significant for those who are struggling with the concept of a loving father. Although the exercise is optional, encourage everyone, especially the disciple you are supporting, to have a go at working through it. Make reference to appendix 1 which is the written words of *The Father Who Delights in You*.
  - d. Ask the group to close their eyes and intentionally listen to the CD or I-track *The Father Who Delights in You*. Encourage them to allow the words of scripture revealing Father's heart for them to wash over and refresh their spirits.
  - e. Whole section 30 minutes.
- 6. Confirm the date, time and venue (if likely to change).
- 7. Add a little lightness to the end of the session by encouraging people to consider blessing another member of the group with a random lavish or extravagant act of kindness before you meet again.

## AFTER THE SESSION:

- 1. Telephone the disciple you are supporting and anyone else you have identified as needing particular encouragement.
- 2. Until the disciple has dealt with their unresolved spiritual issues in the individual prayer appointments there may be a real spiritual battle for them to turn up each week. Some may experience difficulty in entering into times of worship and for some the content of today's study on Father's love may have been especially hard. Pray for each group member every day this week and visit as necessary.
- 3. Prepare for the next session.

NOTES:			

## **Week 2: ENEMY ACTION**

### DISCIPLER'S PREPARATION:

- 1. Consider serving a meal before the meeting. Either prepare it yourself or ask for a volunteer.
- 2. Be prepared to sit around the table afterwards to share and teach or move to a more comfortable setting.
- 3. For section 4 prepare a short time of praise and worship focused on giving thanks for the power in the blood of Jesus. The key scripture is **Luke 10: 17-20**.

#### **DURING THE SESSION:**

- 1. Start timing the meeting once the meal is over and packed away. Allow a full two hours.
- 2. Welcome: make sure everyone is comfortable. Begin by welcoming the Holy Spirit in prayer (2 minutes).
  - a. Allow opportunity for the disciple you are supporting to share what they have learned and how they are developing in their relationship with God since the last time you met together.
    - i. Has anyone a testimony to share?
    - ii. Ask how the disciple got on with the After the Session exercise on Father God's Heart of Love.
  - b. Whole section 20 minutes.

- 3. Walking with God in Relationship: Winning Your War. Today's study is Enemy Action.
  - a. Get the group to look at the following flow chart in their workbooks p.14.

## **THOUGHTS** influenced by **EMOTIONS** lead to **CHOICES** that result in **ACTIONS**

- b. Ask: At what part of the chain do actions come? The very end.
- c. Teach: All our actions begin as thoughts.
  - Ask: Why might it be important for us to understand the process of how our thoughts become actions? In order to break free from old ways of sinful actions and negative patterns of behaviour we need to understand this process.
- d. Teach: Whenever we resolve to take steps forward in the Kingdom of God the enemy, Satan, uses every trick in the book to try to thwart Father's plan from being put into action.
  - i. Get the group to identify the different ways in which the enemy manipulates our thoughts. E.g.: things such as confusion, anxiety and fear; our own worldly and negative thoughts or emotions are used against us so that consciously or unconsciously we place a limitation upon what God may want to do in or through us.
  - ii. Ask: If we inwardly believe something is not going to work or is a waste of time, what are the chances that we will not do it? They are pretty strong. Actions always follow thought processes.
  - iii. Teach: This is not demonic possession but it *is* demonic manipulation; our spiritual enemy using our own human

weaknesses to influence our thoughts, choices and feelings which then affect our actions.

- e. Ask: Where are things like confusion, anxieties, fears, thoughts, choices and feelings to be found? They are inside our head.
  - Teach: The brain, including the mind, emotions and will, forms the parts of our inner being known collectively as the soul.
  - ii. Ask: What are other ways of describing our soul? We might use words like our spirit, individuality, personality and character. Our soul is the bit that makes me who I am and you who you are. It is also where we consider, analyse, reason, feel and decide.
- f. **Read Deuteronomy 6:5**. Ask: With what parts of our person are we to worship God? With ALL of our **HEART, SOUL AND STRENGTH**.
  - i. Explain: Our heart is the part of us that responds to God.
    Our soul is where we think, feel and make choices. Our strength is both physical, inward and spiritual.
  - ii. Affirm: This short series of Bible studies will help us understand that in order to win our war and better learn how to follow Jesus day by day, our thoughts, feelings and choices need to be submitted and surrendered to Him, our King.

## q. Read 1Corinthians 2:14.

i. Ask: What can we not understand before we are spiritually reborn? We cannot understand the things of God because we need the Holy Spirit to teach us and help us understand what they mean.

- ii. Ask: What impact does this have on who the main focus of our life is? Before we are spiritually reborn the main thrust of our thought life, desires, choices and aspirations is all about satisfying 'ME' and my 'needs'.
- h. State: When we are born again we open our hearts to receive the Holy Spirit and His impetus and leading.
  - i. Discuss together what impact this might have on our thought-life, emotions and choices. These are now open to being influenced for God's Kingdom. We can now relate to Father God and have the ability to understand the things of the Spirit.
  - ii. Ask: Are we all perfect now? Not at all!
  - iii. Ask: Why not? There is a war going on inside us! Each day the Holy Spirit prompts us to obey His leading but because we have not learned properly how to fully surrender to Father God and have not yet come to understand the tactics of the enemy we very rarely live victoriously.
  - iv. Ask: What does this mean for us in reality? Give opportunity for the group to respond before teaching the following:
    - We are still heavily swayed by the 'voices' and pull of the world around us and our own fleshly desires and instincts.
    - 2. The choices we make still tend primarily towards what pleases us rather than Father God.
    - 3. We rely on our own strength rather than God's.

- 4. Our mind is still occupied by wrong thoughts, i.e. inferiority, insecurity, inadequacy, guilt, worry and doubt and we still display lots of negative emotions, i.e. anger, jealousy, quarrelling, unforgiveness, etc.
- 5. We have a spiritual 'enemy' who will throw everything at us in an attempt to get us to fail and turn back from following Jesus.
- v. Teach: The spiritual reality for most of us is we are spiritually reborn but because we have not yet learned to overcome the world, the flesh and the devil our spiritual life is still quite confused and our life a bit of a mess!
- vi. **Read or quote 1Corinthians 3:1-3.** Ask: How does Paul describe believers like this? We are worldly believers rather than spiritual.
- vii. Discuss together what the result of this spiritual tension is on our way of life? A lot of good intentions, changes in lifestyle and Kingdom initiatives get lost or aborted before being completed or even brought to birth.
- i. **Read Romans 12:1-2**. Ask: Where is the real battle ground? It is in our mind: in what we choose to think and believe.
  - i. Referring back to the flow chart on the top of p.14 of the disciple's workbook [p19.3.a] in this guide] see if the group can identify where the process of change needs to begin. Make the point that the things we think and then feel affect the choices and actions we make.

- j. Read 1Peter 5:8; 1John 2:12-16.
  - i. Ask: Who is intentionally trying to prevent us being all Father God created us to be? Satan, our enemy.
  - ii. State: We need to understand how the enemy works in order to have a hope of overcoming in the spiritual battle.
- k. Ask: Are God and Satan two co-existing but equal spiritual forces? Not at all although many people think it is so. This teaching called 'dualism' stemmed from the teachings of the Greek philosopher Plato.
  - i. Ask group members to honestly share if they have ever thought Satan was much bigger and more powerful than he really is?
  - ii. Ask: What were the consequences of this in their lives at that time?
  - iii. Discuss together why this view is heretical. Consider such things as the following:
    - 1. God is Creator, Satan is a created being.
    - God is all-knowing, all-seeing and all-powerful.
      Satan has to grasp and deceive in order to gain knowledge and power.
- I. Read the following Scriptures Exodus 15:11-13; Deuteronomy 33:26-27; 1Kings 8:23-24; Isaiah 40:25-26; 45:5-8; Psalm 86:10; 89:6-8; Zechariah 14:9. Instruct the group to use the box on p.19 of the disciple's workbook to write down each truth that is revealed about Father God. He is:

Majestic	Holy	Awesome	
Glorious	Wonder-working; He does marvellous deeds	Great power drives out & overcomes our enemies	
Never fails us Loves continually		Our Redeemer	
Leads & guides us	Strength is mighty	Our Helper	
Our Refuge	Everlasting arms are underneath to catch us when we fall	He has no equal	
Keeps His covenant	Strengthens us	Creator of the light & dark; the heavens & the earth	
Righteous & Just	Faithful	King of the whole earth	

- i. Encourage the group to name any other attributes of God, His character or nature they can bring to mind. For example: His sovereignty, eternal-ness, transcendence, uniqueness, omniscience, omnipresence, all-seeingness, self-sustainability, majesty, perfection, power, fatherhood, compassion, patience, glory, greatness, holiness, justice, righteousness, faithfulness, goodness, grace, mercy, truth, un-changeability, wisdom, unity, sacrifice and suffering!!
- ii. State: Our Father God is truly a GREAT BIG GOD! Holding all this in our thoughts, let us now put Satan in right perspective.
- m. THE BAD NEWS: Read Isaiah 14:12-15; Ezekiel 28:13-18; Luke 10:18; 2Corinthians 11:14; Revelation 12:9.

- i. Ask: Who or what is Satan a.k.a. the devil? He was a beautiful angel, a guardian cherub in the Garden of Eden. Now he is no longer beautiful; a fallen angel.
- ii. **Read Hebrews 1:7**. Ask: Who made the angels and who were they created to serve? God created them to serve Him.
- iii. Teach: For all his bravado and boasting big mouth Satan is only a created being like you and me. He was an angel created to serve Father God in the worship group in heaven.
- iv. Ask: Why was Satan evicted from heaven? His rebellious desire to be worshipped for himself resulted in his eviction. At least a third of the angelic host rebelled with him and these were also ejected.
- v. **Read John 10:10; 1Peter 5:8**. Teach: Satan's hatred of God runs so deep that he spends all his time occupied with trying to thwart God's Kingdom plans and destroy the pinnacle of His creation, humanity.
- vi. Ask: Is Satan's power limitless? No. Satan has limited power to work in the world but he exploits, manipulates and fights to hold on to every last bit.
- vii. Discuss together whether we are ever likely to come up against Satan face to face? He is only a created being therefore there is only ONE Satan who cannot be in more than one place at any time. Most of us are very unlikely to be confronted by Satan himself. We are far more likely to come across one of the fallen angels, usually called demons or evil spirits, who are devoted to serving his plans and purposes on the earth.

- viii. State: The word 'Satan', 'devil', 'enemy' or 'evil one' is collective terminology to refer to all the forces of darkness, so when we say 'the enemy did this' we actually mean it was an evil or demonic spirit that did it, not usually the devil himself.
- n. **THE GOOD NEWS:** Teach: This is NOT a battle of equals. Neither are we a helpless ball being batted around from one side to the other at someone else's whim in some kind of a spiritual tennis game.
  - i. Read John 12:31-32; Colossians 2:15; 1John 3:8; Revelation 3:21. Ask: What did Jesus come to do? He came to destroy the work of the devil
  - ii. Read Mark 3:14-15; Ephesians 6:10-18; James 4:7; 1John 2:12-16; Revelation 12:11. Ask: As a child of God what have you been given the spiritual authority to do? We have power and authority in the name of Jesus to resist the devil, take a stand against his schemes so that we might overcome. In Jesus' name we can also drive out and take authority over demons.
  - iii. Ask: Should we be afraid of Satan or evil spirits? No.
  - iv. Teach: The only thing big about a demon is its boastful mouth and even then its teeth were taken out at the Cross! But neither should we be gung-ho, arrogant and stupidly irresponsible. It always plays right into Satan's hand when people who have confronted the forces of darkness boast arrogantly about their exploits. Pride goes before a fall and often they become needless casualties of the spiritual war.
- o. **Read James 4:7.** Ask: What should we do *before* we try resisting the devil? We should always submit to God first.

- i. Ask the group to try and identify what might happen if we try to resist the devil without first having submitted ourselves properly to God? We will be in for a bit of a struggle because the devil (or his demons) will do all they can to hold on to what power and/or control they have. We would be doing it in our strength.
  - 1. Can you give a testimony of where you have witnessed this at work?
  - 2. What were the results?
  - 3. What would you do differently (if anything) today?
- p. Encourage group members to work through the After the Session exercise in their disciple's workbook pp.23-24.
- q. Whole section 60-70 minutes.
- 4. Move seamlessly into the praise and worship session you have prepared using the key scripture **Luke 10:17-20**.
  - a. Obey Jesus' instruction in **verse 20** and have a really good praise and worship session.
  - b. Give thanks for the wonder of all that was accomplished through His shed blood.
  - c. Whole section 20-30 minutes.
- 5. Confirm the date, time and venue (if likely to change) for the next session.

## **AFTER THE SESSION:**

- 1. Telephone the disciple you are supporting and anyone else you have identified as needing particular encouragement.
- 2. Until the disciple you are supporting has dealt with their unresolved spiritual issues in the individual prayer appointments there may be a real spiritual battle for them to turn up each week. Some may experience difficulty in entering into times of worship and for some the content of today's study on Father's love may have been especially hard. Pray for each group member every day this week and visit as necessary.
- 3. Prepare for next week.

NOTES:			