

Appendix 4: USEFUL SCRIPTURES

WHO I AM – MY TRUE IDENTITY IN CHRIST

Because my heavenly father delights in me...

I am His child (John 1:12)

I am His great delight, His treasured possession, His great joy (Zephaniah 3:17)

When He looks at me, His heart is overwhelmed (Song of Songs 4:9)

For I am His precious one, highly honoured and deeply loved (Isaiah 43:4)

His love for me runs deeper, higher, wider than I can ever fully understand (Ephesians 3:17-19)

And every day He is constantly thinking about me (Psalm 139:17 TLB)

He wants me to know and experience His love, and to be rooted and established in it
(Ephesians 3:17-19)

He wants to pour out His love into my heart (Romans 5:5)

So that it becomes the very foundation of my life, the rich soil from which I flourish
(Ephesians 3:17-19)

He has always longed to be a Father to me and for me to be His child (2 Corinthians 6:18)

Even before I was born He knew all about me (Jeremiah 1:4-5)

He created my innermost being – He knit me together in my mother's womb (Psalm 139:13-14)

I was not a mistake – for I am the wonderful creation of my Heavenly Father (Psalm 139:13-14)

And He understands me and knows me completely (Psalm 139:1)

Because of His great love for me He gave up His precious Son, Jesus, to die for me (John 3:16)

That there may be no barriers between me and Him (1 John 1:9)

So that I might understand & receive His love, turn around, and come running into His arms
(John 1:12-13, Luke 15:20)

And know what it is to be completely loved by a Father (Ephesians 5:1)

He has great plans and purposes for me (Jeremiah 29:11)

That will bless me and give me hope (Jeremiah 29:11)

And as I step out with Him I will work out those plans in my life (Psalm 138:8)

His love can never be earned; it comes out of grace. It is His great gift to me (Ephesians 2:8)

He will never love me any more or any less, for I already have His complete love

(1 John 4:16-17)

For His love does not depend on what I do, but who He is (1 John 4:16)

And He is a constant Father whose passionate love for me will never change and never waiver throughout eternity (Jeremiah 31:3)

I may have known trouble in this life, but He is the Father of compassion and all comfort

(2 Corinthians 1:3-4)

He is like a shepherd who gathers me like a lamb in His arms and carries me close to His heart (Isaiah 40:11)

He draws close to me when I am broken-hearted and saves me when I am crushed in spirit

(Psalm 34:18)

He longs to encourage my heart, strengthen me within and give me hope (2 Thessalonians 2:16-17)

So, I am His precious child, and I choose now to open my ears to hear Him calling me by name (Isaiah 43:1)

Father God, I chose to seek you with all my heart and discover the love of my Heavenly Father (Deuteronomy 4:29)

I chose to come to you so that I may know Your Father's love that passes all understanding (Ephesians 3:19)

I chose to know You more, my heavenly Father who delights in me (Luke 15:20)

GOD'S PROVISION

God is our refuge and strength, always ready to help in times of trouble (Psalm 46:1).

The Lord says, "I will guide you along the best pathway for your life. I will watch over you" (Psalm 32:8).

Commit everything you do to the Lord. Trust Him and He will help you (Psalm 37:5).

Our God is a God who saves (Psalm 68:20).

Those who live in the shelter of the most high will find rest in the shadow of the Almighty (Psalm 91:1).

The Lord is my Shepherd. I have everything I need (Psalm 23:1).

I look to the mountains – does my help come from there? No, my help comes from the Lord (Psalm 121).

I have created you and cared for you since before you were born. I will be your God throughout your lifetime – until your hair is white with age. I made you and will care for you. I will carry you and save you (Isaiah 46:3-4).

I am leaving you with a gift – peace of mind and heart. And the peace I give isn't like the peace the world gives. So don't be troubled and afraid (John 14:27).

Nothing can ever separate us from His love. Our fears for today, our worries about tomorrow and even the power of hell can't keep God's love away (Romans 8:38).

Don't worry about anything, instead pray about everything. Tell God what you need and thank Him for all He has done (Philippians 4:6).

WHEN FEELING ANXIOUS

Look at the birds of the air! They don't worry about what to eat, they don't need to sow or reap or store up food, for your heavenly Father feeds them. And you are far more valuable to Him than they are. Will all your worries add a single moment to your life? Your heavenly Father already knows perfectly well that you need these things and He will give them to you if you give Him first place in your life and live as He wants you to. Do not be anxious about tomorrow. God will take care of your needs. Live one day at a time (Matthew 6:25).

Don't worry about anything: instead pray about everything. Tell God your needs and don't forget to thank Him for the answers. If you do this you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus (Philippians 4:6).

Let Him have all your worries and cares, for He is always thinking about you and watching everything that concerns you (1 Peter 5:7).